



Menu Subject to Change Without Notice

# September 2010 Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Meals on Wheels</b> Monday—Friday (Lunch only) Suggested contribution of \$5.50 or Medicaid Arrangements. Contact Kay for more information at <a href="tel:439-2111">439-2111</a>.</p>			<p>1 Birthday Menu Popcorn Shrimp Baked Potato Asparagus Cole Slaw Brownie Alt: Hamburger Green Beans</p>	<p>2 Ham Sweet Potatoes Brussels Sprouts Cherry Square Alt: Smothered Steak</p>	<p>3 Baked Fish Rice Pilaf California Veggies Strawberries &amp; Bananas Alt: Pork Cutlet</p>	<p>4 Chopped Steak Baked Potato Broccoli Pears Alt: Turkey Casserole</p>
<p>5 Pork Loin Mashed Potatoes Spinach Pie Alt: Oven Fried Chicken</p>	<p>6 Roast Beef Potatoes/Carrots And Onions Butterscotch Pudding Alt: Chicken Monterey</p>	<p>7 Honey Mustard Pork Baked Potato Baked Beans Fruit Salad Alt: Beef &amp; Noodle Casserole</p>	<p>8 Meatloaf Mashed Potatoes Green Beans Pudding Alt: Chicken Drummies</p>	<p>9 Ranch Chicken Mashed Potatoes Cheesy Broccoli Banana Split Dessert Alt: Chicken Fried Steak</p>	<p>10 Oven Fried Fish Scalloped Potatoes Squash Lime Parfait Alt: Chef Salad</p>	<p>11 Beef Stroganoff Noodles Beets Sherbet Alt: Roast Turkey Mashed Potatoes</p>
<p>12 Ham Mashed Potatoes Corn Casserole Pie Alt: Baked Chicken</p>	<p>13 Meatballs Mashed Potatoes Squash Cheesecake Alt: Chicken Parmesan</p>	<p>14 Salisbury Steak Bacon/Cheddar Potatoes Green Beans Cinnamon Apples Alt: Beef / Cabbage Turnover</p>	<p>15 Pork Loin Mashed Potatoes Peas/Carrots Peach Crisp Alt: Beef Tips</p>	<p>16 Roast Beef Baked Potato Beets Pears Alt: Chicken &amp; Noodle Casserole</p>	<p>17 COOKOUT Hamburger or Hot Dog Potato Salad Baked Beans Root Beer Floats</p>	<p>18 Grilled Ham Sweet Potatoes Cauliflower Ice Cream Alt: Minute Steak</p>
<p>19 Roast Turkey Mashed Potatoes Carrots Pie Alt: Pork Steak</p>	<p>20 Chicken Fried Steak Mashed Potatoes Broccoli Apple Cobbler Alt: Chicken Breast</p>	<p>21 Pork Steak Sweet Potatoes Zucchini Mandarin Oranges Alt: Cheeseburger Pie</p>	<p>22 Roast Beef Mashed Potatoes Baked Beans Cucumber Salad Alt: Chicken &amp; Dumplings</p>	<p>23 Scalloped Turkey Mashed Potatoes Carrots Caramel Sundae Alt: Chef Salad</p>	<p>24 Tilapia Macaroni &amp; Cheese Peas Fruit Alt: BBQ Beef</p>	<p>25 Chopped Steak Au gratin Potatoes Spinach Casserole Carrot Cake Alt: Ham with Scalloped Potatoes</p>
<p>26 Oven Fried Chicken Mashed Potatoes Green Beans Pie Alt: Liver &amp; Onions</p>	<p>27 Meatloaf Boiled Potatoes Italian Vegetables Fruit Alt: Roast Pork</p>	<p>28 Roast Turkey Mashed Potatoes Squash Custard Alt: Taco Salad</p>	<p>29 Ham Hashbrown Casserole Cream Cabbage Plum Crisp Alt: Beef Tips</p>	<p>30 Swiss Steak Mashed Potatoes Beets Citrus Sections Alt: Chicken Casserole</p>		